

Curriculum Vitae

M. Monique N. Martinez-Quiros, M.S.

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EDUCATION

Doctor of Behavioral Health, In-Progress, Anticipated 2017
Arizona State University, Online (3.7 GPA)

M.S., Mental Health Counseling, November 2013
Walden University, Online (3.0 GPA)

B.A. Multidisciplinary Studies, May 2009
University of Arizona, Tucson (3.0 GPA)

GRANT EXPERIENCE

Clinical Research Coordinator, The University of Arizona, Tucson, Arizona, 10/2016-Present

Providing project coordination and clinical research daily operations for this multi-site study to ensure successful implementation and adhere to the clinical research protocol and national and local milestones regarding planning, administration, timeline management, enrollment, participant engagement, data collection, and reporting.

Community Health Educator, The University of Arizona, Tucson, Arizona, 08/2014 - 12/2015

Community Health Educator for an interprofessional collaborative care team in conjunction with a NEPQR grant. Responsible for serving as an intermediary between health and social services and the community to facilitate appropriate access to services and improve the quality and cultural competence of service delivery with our cohort of patients with complex medical illnesses.

Research focuses on reducing emergency room visits by providing primary care based interventions with the University of Arizona Health Network's Department of Family and Community Medicine and the College of Nursing creating an innovative approach to team-based primary care. The current inter-professional team is composed of representatives from the Colleges of Nursing, Medicine, Pharmacy and Public Health as well as a Community Health Educator/Worker.

My ultimate goal in this position is to create a positive connection among patients, their caregivers and family members with their medical care providers. One measure that is used to determine success is the Patient Activation Measure (PAM) that assists in the evaluation of predicting future emergency room visits, hospital admissions and re-admissions, medication adherence and overall medical and mental health compliance. More specifically, the PAM is able to map out the patient's level of activation in their own care such as motivators, attitudes, behaviors and outcomes. The PAM is conducted at the beginning of the patient's inclusion in the specialized team and again after they are transitioned back to care as usual. Similar to the PAM, for caregivers I utilize the Brief Measures of Secondary Role and Intrapsychic Strains at the beginning and again at the time their loved is transitioned back to care as usual. This gives me the opportunity to obtain an accurate view of what actual tasks the caregiver is responsible for and how the stress associated with these tasks have made an impact in the caregiver's personal life. This gives me an accurate understanding of what is going on with the caregiver, their mindset as well as their coping style and level of resiliency. In obtaining the information gleaned from both assessments I am able to create a treatment plan that helps both the patient and caregiver/family to work together in unison rather than against each other. Although, these assessments are completed a second time, within 30 days of the patient's transition back to care as usual, the end assessments are often drastically different from the ones at the beginning. This reinforces to both patient and caregiver that their effort did not go unnoticed and was worthwhile.

Program Coordinator, Catholic Social Services, 2011-2013

Program Coordinator for a collaborative team in conjunction with an Arizona Department of Economic Security -Child Protective Services grant. Response for the provision of all authorized services within an assigned program area and complying with agency policies, applicative State law and regulations, purchase of service contracts, other funding sources, and accepted professional standards and practices.

The Parent Aide Program is a DES contracted program for parents of children (0-18) who are in CPS custody due to abuse or neglect.

PROFESSIONAL EXPERIENCE

Sonora Behavioral Health Hospital, Psychiatric Lead Social Worker: Duties include assess, evaluate, counsel and facilitate course of care for patients; serve as the contact point for treatment and transition planning; conduct individual and group therapy as well as family meetings for coordination of care.

Banner UA Health Plan, Cenpatico Integrated Care Transitions Coach: Duties include collaboratively participating with the medical management teams (case management and behavioral health case management) as well as Cenpatico case manager team for the seriously mentally ill (SMI) members. Providing telephonic discharge planning and arrangement of post-discharge services; documenting all interventions in the electronic medical record for both Banner UA Health Plan (BUAHP) and Cenpatico

Integrated Care (C-IC) in a timely and accurate manner. Assisting and supporting families by acting as a liaison to healthcare facilities, community groups and with intake and care coordination agencies (ICCA's). I am required to maintain knowledge of Medicare, Medicaid and other program benefits to assist members with transition of care planning. I am responsible for facilitating the safe and timely transition of members from acute or inpatient care to alternative levels of care such as skilled nursing facility, and/or home care program; determining client appropriateness for transition of care and coordinates health care and social services to support the client in designated setting. Collaborate with all members of the healthcare team to develop, manage and communicate the transition of care plan.

Bridges Counseling, LLC., License Eligible Behavioral Health Professional: Duties include providing individual, group and family therapy (as needed), participating in interdisciplinary treatment planning by developing a comprehensive psychosocial assessment and crisis intervention consultation while providing continuous clinical and case management to a primarily diverse adult forensic consumer population including specialized treatment for co-occurring mental health issues.

Devon Gables Rehabilitation Center, Secured Unit Social Worker: Duties included providing psychosocial care for the long term facility residents on the secured units and their families. Assess the residents' mental health and screen for depression quarterly while providing therapeutic counseling on a variety of issues from loss of independence, adjustment to the long term care unit as well as grief and loss counseling for both resident and families.

Crisis Response Network of Southern Arizona, Behavioral Health Technician: Duties included maintaining and managing the safety of individual in the assessment area, 23 hour observation and sub-acute units as well as completing safety and suicide risk assessments.

TEACHING EXPERIENCE

Community Health Educator, The University of Arizona, Tucson, Arizona, 08/2014 - 12/2015

Provide education to patients in grant cohort. Co-facilitate bi-weekly group healthcare meetings. Facilitate health promotion and prevention in community.

Public Health Preceptor, The University of Arizona, Tucson, Arizona, 08/2014 – 05/2015

Precepted undergraduate College of Public Health student on research association with conducting a community health assessment.

Group Facilitator, Bridges Counseling, Tucson, Arizona, 11/2013 – 09/2015

Organize and facilitate Adult/Civic Responsibility classes to court-ordered offenders on a monthly basis.

ALTCS Consultant, Devon Gables, Tucson, Arizona, 11/2013 – 11/2014

Consulted with residents and families about the Arizona Long Term Care System application and approval process.

CPS Consultant, Catholic Social Services, Tucson, Arizona, 06/2010 – 11/2013

Consulted with families who were in a 90-day removal via the Arizona Department of Economic Security- Child Protective Services on how to successfully complete their action plan for reunification.

Sensitivity Trainer, Devon Gables Rehabilitation Center, Tucson, Arizona, 12/2013-08/2014

Co-facilitated sensitivity instruction for all rehabilitation center staff that interfaced with resident population.

Parenting Consultant, Catholic Social Services, Tucson, Arizona, 05/2012-11/2013

Facilitated monthly parenting skills workshops for each of the following models: Nurtured Heart Approach, New Directions Social Learning Curriculum and Love & Logic program.

PROFESSIONAL ACTIVITIES

- Graduate Representative for the Family Resource Advisory Board, ASASU (May 2015-Present).
- Chair of Education Committee, Banner UA Health Plan- Medical Management (April 2016- June 2016).
- Co-Chair of Opioid Program Committee, Banner UA Health Plans- Medical Management (April 2016- June 2016).
- Member of the American Counseling Association, (August 2011-Present).
- Member of the American Mental Health Association, (August 2011-Present).
- Member of the National Council for Behavioral Health, (May 2015-Present).
- Member of the Arizona Community Health Worker Association, (August 2014-Present).
- Panel Speaker at the Arizona Department of Health Services Bureau of Tobacco & Chronic Disease Team-Based Care Symposium, (2015).
- Member of the, (August 2009-December 2012).
- President of (January 2007-December 2009).
- Vice President of BabyCats ASUA at University of Arizona, (August 2004-December 2006).

CERTIFICATIONS

- CITI Certifications in: Human Research (Exp. 12/2019); Biomedical Research (Exp. 12/2019); Responsible Conduct of Research (Exp. 12/2019); Code of Ethical Business Conduct Training (Exp. 12/2019); and Native American Research (Exp. 12/2019)
- Motivational Interviewing, (2008, 2009). Community Partnership of Southern Arizona (Dr. Robert Rhode, MINT certified trainer).
- Attachment and Bio-behavioral Parenting Certification, (2010). Arizona Department of Economic Security- Child Protective Services.
- Nurtured Heart Approach Parenting Certification, (2010). Children's Success Foundation.
- Love & Logic Parenting Certification, (2010-2012). United Way Tucson.

AWARDS AND DISTINCTIONS

- Health Brain Initiative Scholar by the CDC (2015-Present)
- University of Arizona Hispanic Scholarship Fund Scholarship Recipient, (2005-2009).
- League of United Latin American Citizens Scholarship Recipient, (2007-2009).
- Federal Bureau of Investigations Community Service Award, (2005-2007).

TRANSCRIPTS AND REFERENCES AVAILABLE